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Congregation M'kor Hayim
Preparing for the High Holy Days — a day retreat
"Woe and Wonder"
September 15, 2019
9:30 a.m.—3:30 p.m.

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Each of the four main services of the High Holy Days is part of a larger rhythm and each offers unique opportunity for reflection and renewal. The theme this year is "Woe and Wonder" -- the Woe of recognizing the ways we have fallen short, made mistakes, hurt ourselves and others. The Wonder is the realization that we don't need to be stuck in past behavior; the future presents life-giving possibilities. Let us know you are coming by filling in the bottom of this form and returning it with your donation by September 9, to PO Box 31806, 85751.

The retreat will be held at the
Redemptorist Renewal Center,
a multi-faith retreat center in Northwest Tucson.
The retreat is open to the community.

> Take I10 to the newly-opened Ina Road exit. Turn west and continue several miles to Wade Road. Turn left. The entrance to RRC is about a mile on the left. 7101 W Picture Rocks Road.

Please bring:
- sunscreen and a hat
- a notebook or journal, and a favorite pen
- *Mishkan HaNefesh*—**the Reform HHD prayerbook (two volumes: RH and YK)—if you have your own set.** Guest copies will be available. (Copies are available for purchase: at $39 per set)

For questions or more information, call
Rabbi Helen Cohn at 520-319-7073.

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cut here and return the bottom portion with your check. to:
High Holy Day Retreat
c/o Congregation M'kor Hayim
P.O. Box 31806   Tucson, AZ 85751

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Registration for
Preparing for the High Holy Days
"Woe and Wonder"
September 15, 2019
9:30 a.m.—3:30 p.m.

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Name: _____

Phone: _____   Email : _____

$36 for members of M'kor Hayim; $45 for non-members (lunch and snacks are included)
(this amount is a suggestion; please send whatever you are comfortable with)

We can only accept checks as payment. Please make your check payable to "Congregation M'kor Hayim" and put "Preparing for the High Holidays" in the memo line.

Yes, I would like to attend the retreat. Enclosed is my check for $_____