

High Holy Days with M'kor Hayim, 2018 / 5779

Rabbi Helen Cohn
Cantorial Intern Emily Ellentuck
Accompanist Alexander Tentser, Kol Nidre soloist Anna Gendler

☞ *The best way to have a meaningful High Holy Day experience is to begin the process of introspection and anticipation in advance. Here are two opportunities to do just that:*

Preparing for the High Holy Days: a day retreat -- Sunday, August 19, 9:30 a.m. - 3:30 p.m.

“Rhythm and Reflection”

Each of the four main services of the High Holy Days is part of a larger rhythm and each offers unique opportunity for reflection and renewal. Let us know you are coming by using the registration form at www.mkorhayim.org, on the page “High Holy Days.”

Slichot -- Saturday night, September 1, 7:30 p.m.

The Slichot service includes some of the High Holy Day prayers for forgiveness (*slichot*) and a preview of the haunting melodies of this season. This service prepares us for a deeper personal experience during Rosh Hashanah and Yom Kippur. (Held at THA, 3888 E River Road)



☞ *The High Holy Days begin with Rosh Hashanah, the birthday of the world, which leads us into ten days of self-examination and renewal. Although we do the inner work individually, the power of these Days of Awe comes from sharing them as a community.*

All the following services will be held at Catalina Methodist Church, 2700 E Speedway Blvd

Rosh Hashanah Evening – Sunday night, September 9, 7:30 p.m. - 9:00 p.m.

Rosh Hashanah Morning -- Monday morning, September 10, 9:00 a.m. - noon

Yom Kippur Evening (Kol Nidre) -- Tuesday evening, September 18, 7:30 p.m. - 9:00 p.m.

Yom Kippur Day -- Wednesday all day, September 19, 10:00 a.m. - 6:00 p.m. break-fast



☞ *The holiday season continues with Sukkot and Simchat Torah.*

Sukkot

Saturday evening, September 29, 5:30 – 8:00 p.m.

Sukkot is called “The time of our rejoicing” and what better way to rejoice than to have a party in our sukkah. Location to be announced.

Simchat Torah (Joy of the Torah)

Friday, September 28

We will celebrate the beginning of a new annual Torah cycle at our Friday night service on September 28. We will dance with the Torah and read the opening verses of Genesis. Join us for an inside view of our Torah scroll, Yizkor, and refreshments. (Tucson Hebrew Academy, 7:00 p.m.)