

Congregation M'kor Hayim
Preparing for the High Holy Days — a day retreat
“Rhythm and Reflection”
August 19, 2018
9:30 a.m.—3:30 p.m.

Each of the four main services of the High Holy Days is part of a larger rhythm and each offers unique opportunity for reflection and renewal. Let us know you are coming by filling in the bottom of this form and returning it with your donation by August 21 to PO Box 31806, 85751

The retreat will be held at the Redemptorist Renewal Center, a multi-faith retreat center in Northwest Tucson. The retreat is open to the community.

Please bring:

- sunscreen and a hat
- a notebook or journal, and a favorite pen
- *Mishkan HaNefesh*—the Reform HHD prayer-book (two volumes: RH and YK)—if you have your own set. Guest copies will be available. (Copies are available for purchase: at \$39 per set)

Directions to RRC while Ina exit at I10 is closed.

I10 to W El Camino del Cerro (western extension of Ruthrauff). Go west to Silverbell, and turn right. Continue on Silverbell to Ina, and turn left. Proceed to Wade Road. Turn left on Wade road and go 0.6 mile till Wade Road curves to the right (at this point the road name changes to Picture Rocks Road). The Redemptorist Renewal Center is 0.3 mile beyond the curve, on the left. Turn into the driveway and then continue a short distance until you come to the Administration Building parking on the left.

For questions or more information, call Rabbi Helen Cohn at 520-319-7073.

cut here and return the bottom portion with your check. to:

High Holy Day Retreat
c/o Congregation M'kor Hayim
P.O. Box 31806 Tucson, AZ 85751

Registration for
Preparing for the High Holy Days
“Rhythm and Reflection”

August 19, 2018
9:30 a.m.—3:30 p.m.

Name: _____

Phone: _____ Email : _____

\$36 for members of M'kor Hayim; \$45 for non-members (lunch and snacks are included) (this amount is a suggestion; please send whatever you are comfortable with)

We can only accept checks as payment. Please make your check payable to “Congregation M'kor Hayim” and put “Preparing for the High Holidays” in the memo line.

Yes, I would like to attend the retreat. Enclosed is my check for \$_____